

Jennifer McReynolds



I graduated from the University of Oklahoma in December 2004. Working as a Physician Assistant all of these years has been a great privilege. To be entrusted to care for an individual and their friends/family is a responsibility that I take very seriously. So often the mental health component of our overall health gets neglected in the business of everyday life. It is so important to have good mental health as a foundation and not as an afterthought. Our mental health struggles contribute to poor sleep, relational struggles, and difficulties at work. Whether it is anxiety, addiction, ADHD, depression or other mood disorders, I would love to meet you where you are and walking with you to a better path.

When not working, I love spending time with my family hiking, gardening, cooking and working out. I have a husband, 3 kids, 4 dogs, 36 chickens and a whole lot of chaos that I would not trade for anything.